

Amma Remembers Everyone

Question: “I am physically away from you most of the time. When I am not here, Amma, do you ever remember me?”

Amma: “Amma remembers everyone!” She laughingly replied. “How can Amma forget anyone, when the whole universe is within Her? You are all parts of Amma. How can the whole forget the part? The part exists in the whole. The part may think it is different from the whole, but the whole, which is the soul of everything, knows that the part is not different from it. That Supreme Soul is pure and transcendent love; it cannot see the part as different from Itself, so there can be no question of forgetting. Amma always remembers you, but your remembrance of Amma is equally important. When you remember that you are Amma’s child, Amma’s son or daughter, Amma’s disciple or devotee, when you remember that She is always with you, that She sees all your actions and is your sole protector and guide, you are remembering the whole – you are recalling your real nature and true abode.

“Spiritual practices like meditation and prayer are also remembrance of the Whole; they too are the remembrance of God in whom you exist. Spiritual practice reminds you, ‘I am not just a part, but the part of the Whole – indeed, I am one with the whole.’ All prayers and remembrance of God or Guru remind you of the great truth that you are not a separate entity, that you are not just a limited individual, but that you are His, that you are He. When this loving remembrance arises within, you can never be away from Amma, nor can Amma ever be away from you...”

“Son, Amma remembers you, not only you but everyone. How can Amma forget anyone when She is within them? Stop doubting and try to go beyond your limited vision. Don’t ask, ‘Do you ever remember me?’ Don’t think that you are physically away from Amma. These are only questions and doubts asked by your mind. Stop listening to your mind and you will feel Amma right there in your heart. Then you will know that Amma has never ever forgotten you, that you have always existed in Her and always will...”

“If you always remember Amma and you love Her, that is sufficient. It is enough if you can remember Her sincerely and intensely just once a day,” Amma continued. “Son, where there is love there is no distance or separation. It is your love for Amma that keeps you close to Her. Whether or not you love Her, whether or not you’re able to feel Her love, Amma loves you and She is with you. But you will feel Her closeness or presence only when you love Her.”



M.A. CENTER SATSANG

AUGUST 13, 2011 BULLETIN

www.amma.org/bayarea

510-537-9417 x431

*I do not have a particular dwelling place of
my own – I dwell in the hearts of all of you.
~ Amma*

THIS EVENING'S PROGRAM

4:30 pm Chanting the Sri Lalitha Sahasranama
(1,000 Names of the Divine Mother);
pp. 1-40 in white binders, preceded by Guru Stotram

5:30 pm
108 Names of Amma: *p. 41 in white binders*
Satsang (Spiritual talk)
Amrita TV DVD
Bhajans (devotional singing)
Arati & Closing Prayers: *after 108 Names in white binders*

Bake table opens on balcony when bhajans begin. Proceeds
go to Amma's Housing Project for the poor in India.

After the program:

Dinner served on balcony benefits Amma's charities
Amma Shop & Library open

M.A. CENTER SCHEDULE

Every Saturday: Archana 4:30pm, **Satsang Program: 5:30pm**

Upcoming Events

Sat & Sun, 8/20 & 21: Integrated Amrita Meditation Technique®

Course: A powerful way to reconnect with our inner Self, and thereby experience true joy and peace in life - designed to bring about integration of body, mind and heart. Registration: www.amma.org, under “Meditation Classes” or after tonight’s program until 9pm.

Sunday, 8/21: 9:00am: IAM Refresher: Those who have previously taken the full course join the class for a free refresher, to review the steps of the practice and get questions answered.

Sunday, 8/21: Sri Krishna Jayanthi (Birthday of Lord Krishna)

7:00 pm-12 midnight: Program will include: Games, Dances, Stories, and Devotional Singing and will culminate with scripture reading from the Srimad Bhagavatam and the Sacred Bath of Lord Krishna. Dinner will be served from 6:30-7:45 pm before the program and again at 9:15.

Saturday, 8/27:

Rosen Bodywork & Movement Open House:

11:00 am– 3:00 pm Rosen Bodywork sessions for \$25, Free Rosen Movement class, & more. More information and to make an appointment (space is limited, please reserve ahead of time): www.amma.org under “Special Events and Retreats” or after tonight’s program until 9pm.

Make your own clay Ganesh Murthi: 3:00-5:30pm, Snack Tent

Sunday, 8/28, Workshop with Marion Rosen, 10am-4pm:

Experiential introduction to Rosen Method Bodywork and Movement, \$60, CEUs available. More info & online registration: www.amma.org under “Special Events and Retreats” or after tonight’s program until 9pm.

Wednesday, 8/31 Ganesh Chaturthi Participatory Puja 7:30pm.

Birthday of Lord Ganesha, God of overcoming obstacles. Please RSVP to: vents@ammachi.org. **Visarjana:** immersion of the murthis in the ashram pond will be on **Wed, 9/7 at 7pm**, meet at Amrita Hall.

LABOR DAY WEEKEND SILENT RETREAT

Saturday & Sunday: September 3 & 4

Give yourself the gift of your own time, to refresh and renew, this Labor Day Weekend! Br. Dayamrita will lead us in silence, introspection and devotion. This retreat is a wonderful way to take time to just "be," to prepare for the busy fall season ahead.

Online Registration now available at: www.amma.org under "Special Events and Retreats" or after tonight's program until 9pm.

Ongoing Programs

Regular Programs in the Main House: Archana (1,000 Names): 5:15 am every morning; Evening bhajans (devotional singing): Mondays, Tuesdays & Thursdays at 8:15 am & Wednesdays, Fridays & Sundays at 7:00 pm. Main House is uphill above Amrita Hall.

Saturday Seva (Selfless Service) from 9:30 am – 4:30 pm. Activities include: food prep, sorting medical supplies for India and Haiti, helping in the bookstore, gardening & orchard work, and many special projects. Chai and lunch are provided. You are welcome to come for any or all of the day!

Contact: seva@ammachi.org (510-537-9417 x444 if no email)

AM Group Practice in Amrita Hall: Most Saturdays from 3-4pm for those who have taken the course. Contact iam@ammachi.org to confirm. 510-537-9417 x405 if no email.

Amrita Bala Kendra Program for children ages 4 –12, 2nd and 4th Sunday of the month, 10:00 – 5:30 pm, www.balakendra.org, Registration: Sudhir Aggarwal, saggarwal3@gmail.com, 818-262-3895. For Information about **South Bay Bala Kendra:** Contact Suneetha: suneetha.tirumalai@gmail.com, 408-718-6495

AYUDH - Youth in Action Movement, ages 15-30. AYUDH@amma.org
The AYUDH Garden is flourishing. Seeds are being collected for the *Growin' One Seed at a Time* green initiative and starters are being planted. To participate please contact Rohit: rswatve@gmail.com, 650-862-1370.

CASTRO VALLEY BART STATION PICKUPS:

Saturdays: 9am for Seva Day, 4:00pm for Evening Program

For Krishna Jayanthi, Sun 8/21: pickup at 6:40pm

RSVP for all pickups: Leave msg @ 510-537-9417 x447

Please note: *M.A. Center does not provide shuttles back to BART. Devotees find rides with others. Please consider giving rides to the BART station when you leave. Please also consider carpooling to and from the programs.*

***Prayer List:** read at the end of each Saturday evening program. Names can be added until 6:30 pm on Saturday evening. Names can also be sent to:

prayers@amma.org

This weekly bulletin is available online at: www.bayarea.amma.org
Click on "Regular Events" at the top of the home page
and then on "Weekly Bulletin" on left side of the Regular Events page